Report of the Trustees and

Financial Statements for the Year Ended 31st March 2023

for

Mayfield Nurseries

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Report of the Trustees for the Year Ended 31st March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number 6808517 (England and Wales)

Registered Charity number

1128592

Registered office

15-16 The Avenue Southampton Hampshire SO17 1XF

Trustees	Appointed	Resigned
D L Carroll	17 May 2021	
R J Goater	17 Jan 2019	
F Quayle	26 May 2021	
S A Rahman	17 May 2021	
E McNamara	26 May 2021	20 Feb 2023
S Greenhalgh	1 Dec 2021	18 Apr 2023

Company Secretary

Mrs S Arscott appointed 13 June 2022

Auditors

Sheen Stickland Chartered Accountants Statutory Auditors 7 East Pallant Chichester West Sussex PO19 1TR

STRUCTURE, GOVERNANCE AND MANAGEMENT

Mayfield Nurseries, a subsidiary of Solent Mind (company no. 4004500; charity registration no. 1081116), is a charity and company limited by guarantee.

The company was created in February 2009 in order to take over the activities of Solent Mind in relation to Mayfield Nurseries and has the same charitable objects to those of Solent Mind with the exception of the Area of Benefit.

Solent Mind is the sole member of Mayfield Nurseries, and all appointments of Trustees are subject to prior consultation with and approval of Solent Mind.

The written constitution and governing document is the Memorandum and Articles of Association.

The Trustees are in the process of merging Mayfield Nurseries into Solent Mind and this is expected to be completed within the next accounting period and before 31 March 2024.

Recruitment and appointment of Trustees / Directors

Trustees have been recruited through targeted advertising to ensure a there is a broad range of skills and experiences. Trustees are interviewed by the Chair or their Deputy with the Chair and Chief Executive of Solent Mind in attendance. Where it is agreed to proceed, they are invited to attend a meeting of the Board of Trustees before being formally appointed as a Trustees and Directors. Trustees retire by thirds in rotation at an annual meeting and are eligible for reappointment for up to a maximum of three consecutive terms.

REPORTING ON OUR PUBLIC BENEFIT

The Trustees have considered how the charity complies with its Public Benefit requirements and are satisfied that the activities and achievements set out below fully demonstrate how Mayfield complies.

ADMINISTRATION INFORMATION

The day-to-day management of the work of the organisation is delegated to the Head of Social Enterprise, with Solent Mind providing the full range of central support services, as well as Finance, Human Resources, IT and central administration.

Solent Mind's Chief Executive, Sally Arscott, is the designated Company Secretary and was appointed on 13 June 2022. In the interim period from 1 April 2022 Rosalind Czarnowska was acting Chief Executive.

The following provided services to the charitable company during the period of the Report:-

Auditors: Sheen Stickland, 7 East Pallant, Chichester, West Sussex, PO19 1TR

Bankers: Unity Trust Bank, 4 Brindley Place, Birmingham, B1 2JB

Report of the Trustees for the Year Ended 31st March 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Trustee training and appraisal

The organisation is managed through a Board of Trustees which meets 5 times a year, and Mayfield Trustees join Solent Mind Trustees on Solent Mind Subcommittees for Finance, Information, Risk & Compliance, People & Quality, and Business Development, which meet a further 4 or 5 times each per year. Normally, all meetings would be held in person, at Mayfield. However, during 2022-23, the majority of meetings have been conducted online, via MS Teams or Zoom.

The Trustees are able to join with Solent Mind trustees for training and have the opportunity to undertake other training and attend conferences. New Trustees receive an induction which includes financial and operational matters.

The Trustees are ultimately responsible for all the operational activities and developments of the organisation. They have a particular responsibility for setting the strategic direction and agreeing and monitoring the impact of policies and practice. The responsibilities of managers and staff for day-to-day operations are set out in Solent Mind's Delegated Authority Procedures.

Affiliation to Mind, the national association for mental health

Solent Mind is affiliated to Mind, the national mental health charity, as a Local Mind Association. Mind's Community Partnership Agreement (CPA) was signed by Solent Mind in March 2015. Over the course of 2020-21, discussions took place with Mind leading to the adoption by the Solent Mind Board of the new Mind federation Agreement, with effect from 31 March 2021. Mayfield itself is not separately affiliated but its charitable objects require Mayfield to work in association with Mind. In practice this is discharged through Solent Mind. As noted above the Trustees are in the process of merging Mayfield Nurseries into the Solent Mind charity within the next financial year.

Risk Assessment

The Strategic Risk & Opportunity Register is reviewed quarterly, setting out how different risks are assessed in terms of probability and significance, what remedial action is in place, and what level of residual risk is accepted. The main risk for Mayfield in 2022-23 has been the regrowing income from plant and retail sales.

OBJECTIVES AND ACTIVITIES

The objects of Mayfield Nurseries as set out in our Memorandum of Association are:

"to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress, requiring advice or treatment principally in Southampton and also in Hampshire and bordering areas in association with Mind and in accordance with the aims and objects of Mind, and the relief of persons with impaired mental ability whether resulting in physical, mental or learning disabilities and persons suffering hardship or need as a direct or indirect result of such condition."

Report of the Trustees for the Year Ended 31st March 2023

The Basic Purpose of Mayfield

To provide horticultural therapy and wellbeing services to people with mental health problems, through horticultural activity, peer supported wellbeing activities, engaging with customers, and through gaining qualifications and training.

To support this through generating income from our garden centre and café retail operations, all of the profits of which go towards our wellbeing, therapeutic and community activities.

Significant activities

Retail Operations & Charitable Income Generation

Mayfield Nurseries is open Mondays to Sundays 9am to 4pm 7 days a week for 51 weeks of the year for the sale of garden plants, gifts and sundries and Christmas trees and seasonal decorations in December. It has a small café serving hot and cold drinks, cakes and light lunches that is open daily from 10am to 3:30 pm. It is a working nursery with four glasshouses and polytunnels as well as a plant centre trading plant stock from other growers and suppliers and a large retail offering selling garden sundries, tools, ornaments, compost, seeds, fertilisers and weed treatments.

The nursery has a good horticultural reputation, receives excellent feedback about the quality of plants, has a solid and growing customer base and is well supported by the local community.

To support wider fundraising staff may give talks to local community groups including the Women's' Institute and the Rotarians and other potential fundraising partners. This spreads the word about our charity and grows our support base. We also work with Solent Mind's Business Development team to engage with corporate partners in fundraising and have hosted several popular voluntary experiences for teams from corporate partners.

Mental Health, Wellbeing & Community Support Provision

Mayfield offers a range of programmes to support people who are experiencing or at risk of mental health issues, including group-based wellbeing programmes, horticultural therapy, dementia support and support volunteering opportunities. People can refer themselves for support or may be referred by another agency such as a mental health or social work team. Before joining a programme, each person is given an individual assessment to identity their hopes and aims and agree what would be the best form of support for them. They are then enrolled as a service user and allocated a member of wellbeing staff as their key worker, who will support them throughout their time with us.

Many of our service users have serious and enduring mental health issues, our person-centred approach to support aims to help people not only better understand and manage their mental health but also encourage hope, respect, cultural understanding, and educational and social needs.

We recognise that a range of factors affect people's mental health and wellbeing, and that there is no 'one size fits all' approach to supporting people. The Covid pandemic highlighted social issues such as isolation and accessibility, and the current cost of living of crisis has further highlighted these problems. We have been actively working on how we can widen engagement and reach out to more people who may be experiencing or at increased risk of issues with their mental health, but who may not enrol on one of our existing programmes of support. To tackle this issue and support early intervention, we are working on a range of new initiatives which this year have included the expansion of our community gardening project, Plants for People across social housing estates in Southampton; the development of aa Men's Shed group, and the growth of our dementia project linked to wider activities such as the Southampton Dementia Festival and Carers in Southampton support.

Report of the Trustees for the Year Ended 31st March 2023

The website **mayfieldnurseries.org.uk**, alongside **solentmind.org.uk** has a fresh new look and is kept up to date with relevant content. Mayfield also increased its social media activity and engagement throughout this period.

Volunteers

At any one-time Mayfield is using about 25 volunteers alongside 6 full time and 7 part time paid staff. Volunteers are an indispensable resource and can provide one to one support for our most vulnerable service users. In 2022/23 Mayfield volunteers provided more than 4,000 hours of service.

ACHIEVEMENTS AND PERFORMANCE 2022/23

Mayfield supported 264 people through our wellbeing, dementia and horticultural therapy programmes. A further 700 people engaged with gardening and wellbeing activities through our outreach Plants for People programme, which operates in communities across Southampton. Service users at Mayfield enjoy companionship, purpose, hope and motivation on their own recovery journeys. Our support and engagement, includes groups and community gardening opportunities.

Service users over the year have shown a marked increase in self-confidence, self-esteem, coping skills, wellbeing skills and social skills, through their engagement with groups and support, including the valuable opportunities for peer-to-peer support. A number of service users have increased the number of hours per week they attend, a testament to how central Mayfield is in their lives and how much they get out of attending. Through the wellbeing programme, service users can choose to participate in groups and sessions that meet their particular needs or interests, ensuring that each person's recovery journey is recognized and the support is appropriate for their unique needs and aims.

Plants For People, our community outreach programme continued with its expanded engagement and outreach work in the year, working in communities across Southampton including Millbrook, Holyrood, Weston, Canberra Towers, Thornhill, Shirley and Sholing. Around 700 people took part in a rolling programme of activities and events across the year, getting involved in gardening and improving the outdoor spaces in their own neighbourhoods, whether they are already a keen grower or have never taken a interest in gardening before. These projects engage residents who may never have taken an interest in their community or area before, help them to realise goals and learn how horticulture can be achieved anywhere, including their own kitchen windowsills, making it accessible to everyone. Engagement at the new sites has been good and residents are showing a keen interest in this project and their immediate community.

Our Digital Skills Project, run jointly between Solent Mind and Mayfield Nurseries, launched this year and has already made a significant difference to the lives of people who had previously been digitally excluded. The project offers a beginners course, focused on enabling people to be able to use and take advantage of digital opportunities in their everyday lives such as online banking, shopping, booking appointments and streaming. People can bring their own devices and receive bespoke support to learn how to use them or can loan a device from the project. A weekly drop-in session also gives the chance for anyone to come and get bespoke advice and help with anything digital. Since its launch in autumn 2021 the project has already received excellent feedback and is in high demand, expanding its offer to deliver courses in community venues to meet demand.

The social enterprise element of Mayfield Nurseries has continued to grow over the year, including continued development of our garden centre to include a wider range of product lines. Offering cakes from local bakers alongside a range of hot and cold drinks, ice creams and sandwiches the café has already proved to be very popular with customers and the local community since its launch in 2021. Items can be enjoyed in our newly developed indoor and outdoor seating areas or can be taken away to enjoy at home or in the grounds of Mayfield Park.

Report of the Trustees for the Year Ended 31st March 2023

PLANS FOR 2023/24 AND BEYOND

Mayfield has ambitious plans for the coming months and years, to reach and support more people who are experiencing or a risk of an issue with their mental health. To achieve this, we will:

- Increase our community activity, in particular opportunities for those living in our immediate communities who are facing deprivation
- Continue to develop and deliver our wellbeing groups and activities
- Develop more support for people affected by the cost-of-living crisis
- Offer a wider range of opportunities for those looking for horticultural therapy and/or supported volunteering increase our work around sustainability and environmental causes.

To enable us to do this, we aim to secure and further develop our sales income. We will do this by:

- Continuing to build our garden centre and café offer, in turn increasing income
- Increasing our marketing and communications work to reach a wider range of people, increasing footfall and sales.
- Diversifying our sales approaches, including online sales
- Maximising use of the Mayfield site
- Continuing to develop our relationships with corporate partners and businesses

The Trustees have made the decision to merge Mayfield Nurseries into Solent Mind, however the plans for site, its activities and the benefits to the community continue.

FINANCIAL REVIEW

Review of the year

Total Net Deficit for the year amounted to £18,175 compared to a surplus of £8,038 in 2021/22.

Mayfield Nurseries has posted a small deficit for the year. Fluctuations in trading income and investment in growth has had an impact during the year with increased expenditure necessary to meet the needs of increases to contract, grant and retail income. Actions are now underway to rationalise expenditure to deliver better value for money.

Incoming Resources for the Year

Gross income for the year totalled £678,696 up from £495,681 in 2021/22.

Voluntary Income and Fundraising	2022/23 £11.200	2021/22 £11,176
Plant, Cafe Sales and Other Income Horticultural Therapy and Training	£270,125 £397,371	£220,846 £263,657
Total	£678,696	£495,679

Resources Expended

Resources expended for the year totalled £696,871, an increase of £209,228 on 2021/22. The increase relates to new grants, contracts and trading activity at the nursery.

Capital Expenditure

Capital expenditure of £19,881 for plant and machinery was incurred during the year compared to £43,855 in 21/22.

Funds

Total funds as at 31st March 2023 are £143,347 compared to £161,522 opening funds. This reduction reflects the drop in cash held due to the deficit in year and further investments in capital equipment. The funds held are made up of £93,319 unrestricted funds (down from £139,103 in 2021/22) and £50,028 (up from £22,419 in 2021/22) of restricted funds.

Report of the Trustees for the Year Ended 31st March 2023

Reserve Policy

Mayfield Nurseries is keenly aware of the need to secure its viability beyond the immediate future. To enable the charity to provide reliable services or funding over the longer term, Mayfield Nurseries must be able to absorb setbacks and to take advantage of change and opportunity.

The charity provides for this by putting aside, when it can afford it, some of its current income as reserves against future uncertainties.

It is prudent to set aside reserves to cover future potential liabilities, but also to have funds available to take advantage of any opportunities that may come the way of the charity.

Mayfield Nurseries reserves include unrestricted and restricted funds. Unrestricted funds held by Mayfield Nurseries total £93,319 of which £57,752 relates to fixed assets held in a general fixed asset reserve. A further £27,543 is held in a capital improvement reserve which is used to carry out improvements to the site at Mayfield Nurseries. The balance of £10,319 is held in a general reserve to support charity developments and to manage uncertainties and potential liabilities. Actions in 2023/24 to improve the financial position will replenish this unrestricted fund.

Restricted funds held by Mayfield Nurseries total £50,028 this relates to net restricted income received in relation to our service provision.

Mayfield Nurseries Board of Trustees has considered the adequacy of its reserves held on 31st March 2023, in line with its policy to do so on an annual basis following detailed scrutiny and recommendations by its Audit, Finance and Remuneration Committee, which itself is guided by the Charity Commission guidance on charity reserves.

The charity needs reserves to enable it to continue as a going concern. The Board of Trustees consider the reserves held on the balance sheet to be at an adequate level to meet their responsibilities and commitments, protect and advance its current activities and to enable it to progress its long term aims and objectives which are outlined in the Organisational Plan.

Investment Policy

Solent Mind's Finance, Information, Risk and Compliance Sub-Committee, on behalf of the Mayfield Nurseries Board, does not consider it prudent at this stage to invest income for the longer term. Its policy for investment is therefore to retain funds as cash and place them on bank deposit at the best rate obtainable.

INFORMATION PROVIDED TO AUDITORS

All of the current Directors have taken all the steps that they ought to have taken to make themselves aware of any relevant information, (as defined by section 418 of the Companies Act 2006), needed by the charitable company's auditors for the purposes of their audit and to establish that the auditors are aware of that information. The Directors are not aware of any relevant audit information of which the auditors are unaware.

Report of the Trustees for the Year Ended 31st March 2023

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Mayfield Nurseries for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Sheen Stickland, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on: 27 September 2023 and signed on its behalf by:

Vice Chair & Treasurer – Robin Goater

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Opinion

We have audited the financial statements of Mayfield Nurseries (the 'charitable company') for the year ended 31st March 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Auditing the risk of management override of controls including through testing journal entries and other adjustments for appropriateness, and evaluating the business rationale of significant transactions outside the normal course of business.
- Discuss matters around non-compliance with laws and regulations and how fraud may occur including assessment of how and where the financial statements may be susceptible to fraud.
- Auditing the risk of management override of controls including through testing journal entries and other adjustments for appropriateness, and evaluating the business rationale of significant transactions outside the normal course of business.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Report of the Independent Auditors to the Members of Mayfield Nurseries

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

P E H Wright FCA DChA (Senior Statutory Auditor) for and on behalf of Sheen Stickland Chartered Accountants Statutory Auditors 7 East Pallant Chichester West Sussex PO19 1TR

Date: 22 September 2023

Statement of Financial Activities for the Year Ended 31st March 2023

INCOME AND ENDOWMENTS EDOM	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM Donations and legacies	2	11,200	-	11,200	11,176
Charitable activities Therapy & Training	4	280,732	116,639	397,371	263,659
Other trading activities	3	270,125		270,125	220,846
Total		562,057	116,639	678,696	495,681
EXPENDITURE ON Raising funds	5	165,158	-	165,158	141,837
Charitable activities Therapy & Training	6	439,683	89,030	528,713	345,806
Total		607,841	89,030	696,871	487,643
NET INCOME/(EXPENDITURE)		(45,784)	27,609	(18,175)	8,038
RECONCILIATION OF FUNDS Total funds brought forward		139,103	22,419	161,522	153,484
TOTAL FUNDS CARRIED FORWARD		93,319	50,028	143,347	161,522

Balance Sheet 31st March 2023

FIXED ASSETS	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
Tangible assets	11	57,752	-	57,752	50,368
CURRENT ASSETS					
Stocks	12	65,665	-	65,665	76,999
Debtors	13	23,927	-	23,927	60,565
Cash at bank		11,506	50,028	61,534	113,927
		101,098	50,028	151,126	251,491
CREDITORS Amounts falling due within one year	14	(65,531)	-	(65,531)	(140,337)
NET CURRENT ASSETS		35,567	50,028	85,595	111,154
TOTAL ASSETS LESS CURRENT LIABILITIES		93,319	50,028	143,347	161,522
NET ASSETS		93,319	50,028	143,347	161,522
FUNDS Unrestricted funds Restricted funds	15			93,319 50,028	139,103 22,419
TOTAL FUNDS				143,347	161,522

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

Vice Chair & Treasurer – Robin Goater

Stobin Goater

Cash Flow Statement for the Year Ended 31st March 2023

	Notes	2023 £	2022 £
Cash flows from operating activities Cash generated from operations	1	(32,512)	(83,943)
Net cash used in operating activities		(32,512)	(83,943)
Cash flows from investing activities Purchase of tangible fixed assets		(19,881)	(43,885)
Net cash used in investing activities		(19,881)	(43,885)
Change in cash and cash equivalents in the reporting period Cash and cash equivalents at the		(52,393)	(127,828)
beginning of the reporting period		113,927	241,755
Cash and cash equivalents at the end of the reporting period	ľ	61,534	113,927

1.	RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FL	OW FROM
	OPERATING ACTIVITIES	
		2023

	2023 £	2022 £
Net (expenditure)/income for the reporting period (as per the		
Statement of Financial Activities)	(18,175)	8,038
Adjustments for:		
Depreciation charges	12,497	6,172
Loss on disposal of fixed assets	-	1,551
Decrease/(increase) in stocks	11,334	(27,353)
Decrease/(increase) in debtors	43,653	(52,494)
Decrease in creditors	(81,821)	(19,856)
Net cash used in operations	(32,512)	(83,942)

2. ANALYSIS OF CHANGES IN NET FUNDS

N	At 1.4.22 £	Cash flow £	At 31.3.23 £
Net cash Cash at bank	113,927	(52,393)	61,534
	113,927	(52,393)	61,534
Total	113,927	(52,393)	61,534

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2.	DONATIONS AND LEGA	CIES			
_,				2023	2022
				£	£
	Donations			4,940	9,661
	Fundraising income			6,260	1,515
				11,200	11,176
				, 	
3.	OTHER TRADING ACTI	VITIES			
				2023	2022
	DI . 10 C C 1			£	£
	Plant and Cafe Sales			268,850	219,006
	Lease/room hire			1,275	1,840
				270,125	220,846
4.	INCOME FROM CHARIT	TABLE ACTIVITIES			
				2023	2022
		Activity		£	£
	Grants	Therapy & Training		397,371	263,659
				W	X
				Year ended	Year ended
				31.3.23	31.3.22
	Southampton City Council		Contract	31.3.23 £	31.3.22 £
	Southampton City Council NHS Southampton CCG		Contract Contract	31.3.23	31.3.22
				31.3.23 £ 20,692	31.3.22 £ 21,852
	NHS Southampton CCG		Contract	31.3.23 £ 20,692 50,000	31.3.22 £ 21,852 9,928
	NHS Southampton CCG Community Fund		Contract Grant Grant Contract	31.3.23 £ 20,692 50,000	31.3.22 £ 21,852 9,928 88,279 6,332 56,119
	NHS Southampton CCG Community Fund Rathbone Trust Southampton City Council MIND		Contract Grant Grant Contract Contract	31.3.23 £ 20,692 50,000 141,096 - 40,000	31.3.22 £ 21,852 9,928 88,279 6,332 56,119 2,947
	NHS Southampton CCG Community Fund Rathbone Trust Southampton City Council MIND Southern Health NHS Trust		Contract Grant Grant Contract Contract Contract	31.3.23 £ 20,692 50,000 141,096	\$1.3.22 £ 21,852 9,928 88,279 6,332 56,119 2,947 50,000
	NHS Southampton CCG Community Fund Rathbone Trust Southampton City Council MIND Southern Health NHS Trust Portsmouth University		Contract Grant Grant Contract Contract Contract Contract	31.3.23 £ 20,692 50,000 141,096 - 40,000	31.3.22 £ 21,852 9,928 88,279 6,332 56,119 2,947 50,000 160
	NHS Southampton CCG Community Fund Rathbone Trust Southampton City Council MIND Southern Health NHS Trust Portsmouth University Mind		Contract Grant Grant Contract Contract Contract Contract Contract Grant	31.3.23 £ 20,692 50,000 141,096 - 40,000 - 25,018	\$1.3.22 £ 21,852 9,928 88,279 6,332 56,119 2,947 50,000
	NHS Southampton CCG Community Fund Rathbone Trust Southampton City Council MIND Southern Health NHS Trust Portsmouth University Mind Richard C		Contract Grant Grant Contract Contract Contract Contract Grant Grant	31.3.23 £ 20,692 50,000 141,096 - 40,000 - 25,018 - 46,079	31.3.22 £ 21,852 9,928 88,279 6,332 56,119 2,947 50,000 160
	NHS Southampton CCG Community Fund Rathbone Trust Southampton City Council MIND Southern Health NHS Trust Portsmouth University Mind Richard C Hampshire and Isle of Wight		Contract Grant Grant Contract Contract Contract Contract Grant Grant Grant	31.3.23 £ 20,692 50,000 141,096 - 40,000 - 25,018 - 46,079 4,569	31.3.22 £ 21,852 9,928 88,279 6,332 56,119 2,947 50,000 160
	NHS Southampton CCG Community Fund Rathbone Trust Southampton City Council MIND Southern Health NHS Trust Portsmouth University Mind Richard C Hampshire and Isle of Wight Sovereign Housing Associati	on Limited	Contract Grant Grant Contract Contract Contract Contract Grant Grant Grant Grant Grant	31.3.23 £ 20,692 50,000 141,096 - 40,000 - 25,018 - 46,079 4,569 3,429	31.3.22 £ 21,852 9,928 88,279 6,332 56,119 2,947 50,000 160
	NHS Southampton CCG Community Fund Rathbone Trust Southampton City Council MIND Southern Health NHS Trust Portsmouth University Mind Richard C Hampshire and Isle of Wight Sovereign Housing Associati Southampton Voluntary Serv	on Limited	Contract Grant Grant Contract Contract Contract Contract Grant Grant Grant Grant Grant Grant Grant	31.3.23 £ 20,692 50,000 141,096 - 40,000 - 25,018 - 46,079 4,569 3,429 2,286	\$1.3.22 £ 21,852 9,928 88,279 6,332 56,119 2,947 50,000 160 151
	NHS Southampton CCG Community Fund Rathbone Trust Southampton City Council MIND Southern Health NHS Trust Portsmouth University Mind Richard C Hampshire and Isle of Wight Sovereign Housing Associati	on Limited	Contract Grant Grant Contract Contract Contract Contract Grant Grant Grant Grant Grant	31.3.23 £ 20,692 50,000 141,096 - 40,000 - 25,018 - 46,079 4,569 3,429	31.3.22 £ 21,852 9,928 88,279 6,332 56,119 2,947 50,000 160
	NHS Southampton CCG Community Fund Rathbone Trust Southampton City Council MIND Southern Health NHS Trust Portsmouth University Mind Richard C Hampshire and Isle of Wight Sovereign Housing Associati Southampton Voluntary Serv	on Limited	Contract Grant Grant Contract Contract Contract Contract Grant Grant Grant Grant Grant Grant Grant	31.3.23 £ 20,692 50,000 141,096 - 40,000 - 25,018 - 46,079 4,569 3,429 2,286	\$1.3.22 £ 21,852 9,928 88,279 6,332 56,119 2,947 50,000 160 151

5.	RAISING FUNDS			
	Raising donations and legacies			
			2023	2022
	Support costs		£ 1,090	£ 433
	Support costs		1,090	====
	Other trading activities			
			2023	2022
	Staff costs		£ 56,173	£ 54,520
	Support costs		13,141	7,063
	Other Direct Costs		97,754	79,821
			1.7 0.00	1.41.404
			167,068	141,404
	Aggregate amounts		168,158	141,837
	CYLA DATE A DATE A CONTANTE CONTROL			
6.	CHARITABLE ACTIVITIES COSTS		Support	
		Direct	costs (see	
		Costs	note 7)	Totals
	There are 0. The initial	£	£	£
	Therapy & Training	481,377	47,336	528,713
7.	SUPPORT COSTS			Information
		Management	Finance	technology
		£	£	£
	Raised Funds	175	413	103
	Trading Activities	4,231	9,956	2,489
	Therapy & Training	5,505	12,952	3,238
	Year ended 31.3.23	9,911	23,321	5,830
				
	Year ended 31.3.22	6,615	15,564	3,861
		Human	Governance	
		resources	costs	Totals
		£	£	£
	Raised Funds	155	244	1,090
	Trading Activities Therapy & Training	3,733 4,857	5,874 7,642	26,283 34,194
	Thoraps & Truming	<u> </u>	7,072	J 1,174
	Year ended 31.3.23	8,745	13,760	61,567
			_	
	Year ended 31.3.22	5,836	9,185	41,091

Notes to the Financial Statements - continued for the Year Ended 31st March 2023

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

- 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1		
	2023	2022
	£	£
Auditors' remuneration	4,355	2,739
Depreciation - owned assets	12,497	6,172

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2023 nor for the year ended 31st March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st March 2023 nor for the year ended 31st March 2022.

10. STAFF COSTS

2023	2022
£	£
319,638	232,233
24,653	17,836
9,019	7,520
353,310	257,589
	£ 319,638 24,653 9,019

The average monthly number of employees during the year was 13.43 (2022: 11.13) on a full-time equivalent basis.

There were no employees whose benefits exceeded £60,000 during the year.

The total employee benefits of key management personnel for the year was £39,903.

11.	TANGIBLE FIXED ASSETS			
		Plant and machinery £	Motor vehicles £	Totals £
	COST	æ	£	£
	At 1st April 2022	92,975	9,970	102,945
	Additions	19,881	-	19,881
	Disposals	(1,274)		(1,274)
	At 31st March 2023	111,582	9,970	121,552
	DEPRECIATION			
	At 1st April 2022	45,170	7,407	52,577
	Charge for year	11,856	641	12,497
	Eliminated on disposal	(1,274)		(1,274)
	At 31st March 2023	55,752	8,048	63,800
	NET BOOK VALUE			
	At 31st March 2023	55,830	1,922	57,752
	At 31st March 2022	47,805	2,563	50,368
12.	STOCKS			
			2023	2022
			£	£
	Stocks		65,665	76,999
13.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE	VEAR		
13.	DEDIONS, AMOUNTS FALLENG DUE WITHIN ONE	ILAK	2023	2022
			£	£
	Contracts & Grant Fees		910	50,000
	Amounts owed by group undertakings		-	1,577
	Other debtors		10,121	6,981
	VAT		-	88
	Accrued income Prepayments		12,110 786	355 1,564
			23,927	60,565

1.4	CDEDVEODS ANALYSTS FALLING DV		7/E A D		
14.	CREDITORS: AMOUNTS FALLING DU	E WITHIN ONE	YEAR	2022	2022
				2023 £	2022 £
	Trade creditors			9,482	16,973
	Amounts owed to group undertakings			7,015	-
	Social security and other taxes			-	4,693
	Pension Fund			1,850	1,670
	VAT			3,769	-
	Accruals and deferred income			43,416	117,001
					117,001
				65,532	140,337
15.	MOVEMENT IN FUNDS				
			Net	Transfers	
			movement	between	At
		At 1.4.22	in funds	funds	31.3.23
		£	£	£	£
	Unrestricted funds				
	General fund	50,441	(45,784)	3,367	8,024
	Capital Improvement Reserve	38,295	-	(10,752)	27,543
	General Fixed Asset Reserve	50,367		7,385	57,752
	D 414 16 1	139,103	(45,784)	-	93,319
	Restricted funds	22,419	27,609		50.029
	Restricted Operating fund	22,419	27,009	-	50,028
	TOTAL FUNDS	161,522	(18,175)		143,347
					
	Net movement in funds, included in the abov	e are as follows:			
			Incoming resources	Resources expended £	Movement in funds £
	Unrestricted funds		~	~	~
	General fund		562,057	(607,841)	(45,784)
	Restricted funds				
	Restricted Operating fund		116,639	(89,030)	27,609
	TOTAL FUNDS		678,696	(696,871)	(18,175)

15. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General fund	53,779	(14,381)	11,043	50,441
Capital Improvement Reserve	85,500	-	(47,205)	38,295
General Fixed Asset Reserve	14,205		36,162	50,367
Restricted funds	153,484	(14,381)	-	139,103
Restricted Operating fund	-	22,419	-	22,419
TOTAL FUNDS	153,484	8,038		161,522

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds
Unrestricted funds	401.070	(415.451)	
General fund	401,070	(415,451)	(14,381)
Restricted funds	04.611	(72.102)	22.410
Restricted Operating fund	94,611	(72,192)	22,419
TOTAL PUNDS	405 601	(497,642)	0.020
TOTAL FUNDS	495,681	<u>(487,643</u>)	8,038

Restricted funds

Restricted Operating Funds - net restricted income received in relation to the charity's service provision.

Notes to the Financial Statements - continued for the Year Ended 31st March 2023

16. RELATED PARTY DISCLOSURES

The charitable company has taken advantage of exemption, under the terms of Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland', not to disclose related party transactions with wholly owned subsidiaries within the group.

There were no related party transactions for the year ended 31st March 2023.

17. POST BALANCE SHEET EVENTS

There are no events since the balance sheet date which required disclosure in the Financial Statements.

18. ULTIMATE CONTROLLING PARTY

Throughout the period Mayfield Nurseries was controlled ultimately by its sole member Solent Mind by way of a 100% guarantee. The Board of Trustees elected by the members governs the affairs of the charity between Annual General Meetings.

At 31st March 2023 Mayfield Nurseries owed Solent Mind £7,015 (2022: Solent Mind owed Mayfield Nurseries £1,577).